

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2016

MPR= Multi Purpose Room
WC = Wellness Clinic

						10:00 Exercise 10:30 Daily Chronicle 1:00 Wisdom of Bridgeway Bell 2:00 Dr. Limperis (WC) 2:00 Friday Matinee 4:00 Sing Along 6:30 Resident Choice <i>New Year's Day</i>	1 10:00 Cup of Joe 10:30 Daily Chronicle 1:00 Beach Ball Games 2:00 Bingo 4:00 Chicken Soup for Grandma's Soul 4:30 Dancing to Dinner 6:30 Resident Choice
9:30 Worship Service (MPR) 3 10:00 Exercise 10:30 Daily Chronicle 1:00 Spa Time 2:00 Sunday at the Movies 4:00 Gospel Appreciation 4:30 Dancing to Dinner 6:30 Resident Choice Movie/Games	10:00 Exercise 10:30 Daily Chronicle 1:00 Discussion Group: The Heart of the Matter 2:00 Word Games 3:00 Ball Games 4:00 Sing Along 6:30 Rosary (MPR) 6:30 Resident Choice	4 10:00 Exercise 10:30 Daily Chronicle 1:30 Discussion Group: Lift Your Spirits 2:30 Bingo 4:00 Sing Along 6:30 Big Screen Movie with Vic	5 10:00 Exercise 10:30 Daily Chronicle 1:30 Discussion Group: Lift Your Spirits 2:30 Bible Study with Vic 4:00 Sing Along 6:30 Resident Choice Movie/Games	6 10:00 Exercise 10:30 Daily Chronicle 1:30 Discussion Group: My Kind of Town 2:30 Bingo 4:00 Sing Along 6:30 Resident Choice Movie/Games	7 10:00 Exercise 10:30 Daily Chronicle 1:30 Discussion Group: My Kind of Town 2:30 Bingo 4:00 Sing Along 6:30 Resident Choice Movie/Games	8 10:00 Exercise 10:30 Daily Chronicle 2:00 Dr. Limperis (WC) 2:00 Happy Birthday Elvis 4:00 Sing Along 6:30 Happy Birthday Stephen Hawking: Theory of Everything	9 10:00 Cup of Joe 10:30 Daily Chronicle 1:00 Beach Ball Games 2:00 Bingo 4:00 Chicken Soup for Grandma's Soul 4:30 Dancing to Dinner 6:30 Resident Choice
9:30 Worship Service (MPR) 10 10:00 Exercise 10:30 Daily Chronicle 1:00 Spa Time 2:00 Sunday at the Movies 4:00 Gospel Appreciation 4:30 Dancing to Dinner 6:30 Resident Choice Movie/Games	10:00 Exercise 10:30 Daily Chronicle 1:00 Discussion Group: The Heart of the Matter 2:00 Word Games 3:00 Ball Games 4:00 Sing Along 6:30 Rosary (MPR) 6:30 Resident Choice	11 10:00 Exercise 10:30 Daily Chronicle 1:00 Happy Birthday Jack London: White Fang 3:00 Bingo 4:00 Sing Along 6:30 Big Screen Movie with Vic	12 10:00 Exercise 10:30 Daily Chronicle 1:30 Discussion Group: Lift Your Spirits 2:30 Bible Study 4:00 Sing Along 6:30 Resident Choice Movie/Games	13 10:00 Exercise 10:30 Daily Chronicle 1:30 Discussion Group: My Kind of Town 2:30 Bingo 4:00 Sing Along 6:30 Resident Choice Movie/Games	14 10:00 Exercise 10:30 Daily Chronicle 1:30 Discussion Group: My Kind of Town 2:30 Bingo 4:00 Sing Along 6:30 Resident Choice Movie/Games	15 10:00 Exercise 10:30 Daily Chronicle 1:00 Happy Birthday Martin Luther King, Jr. 2:00 Dr. Limperis (WC) 2:00 Friday Matinee 4:00 Sing Along 6:30 Resident Choice Movie/Games	16 10:00 Cup of Joe 10:30 Daily Chronicle 1:00 Beach Ball Games 2:00 Bingo 4:00 Chicken Soup for Grandma's Soul 4:30 Dancing to Dinner 6:30 Resident Choice
9:30 Worship Service (MPR) 17 10:00 Exercise 10:30 Daily Chronicle 1:00 Spa Time 2:00 Happy Birthday Betty White: Golden Girls 4:00 Gospel Appreciation 4:30 Dancing to Dinner 6:30 Resident Choice	10:00 Exercise 10:30 Daily Chronicle 1:00 The Heart of the Matter 2:00 Rhythm Group with Ray Demarco 6:30 Rosary (MPR) 6:30 Happy Birthday Oliver Hardy <i>Martin Luther King Day</i>	18 10:00 Exercise 10:30 Daily Chronicle 1:30 Discussion Group: Lift Your Spirits 2:30 Bingo 4:00 Sing Along 6:30 Big Screen Movie with Vic	19 10:00 Exercise 10:30 Daily Chronicle 1:30 Discussion Group: Lift Your Spirits 2:30 Bible Study with Vic 4:00 Sing Along 6:30 Happy Birthday George Burns	20 10:00 Exercise 10:30 Daily Chronicle 1:30 Discussion Group: My Kind of Town 2:30 Bingo 4:00 Sing Along 6:30 Resident Choice Movie/Games	21 10:00 Exercise 10:30 Daily Chronicle 1:00 Happy Birthday Wolfman Jack: American Graffiti 3:00 Bingo 4:00 Sing Along 6:30 Resident Choice Movie/Games	22 10:00 Exercise 10:30 Daily Chronicle 1:00 Wisdom of Bridgeway Bell 2:00 Dr. Limperis (WC) 2:00 Friday Matinee 4:00 Sing Along 6:30 Resident Choice Movie/Games	23 10:00 Cup of Joe 10:30 Daily Chronicle 1:00 Beach Ball Games 2:00 Bingo 4:00 Chicken Soup for Grandma's Soul 4:30 Dancing to Dinner 6:30 Resident Choice
9:30 Worship Service (MPR) 24 10:00 Exercise 10:30 Daily Chronicle 1:00 Spa Time 2:00 Family Event: Cocoa & Canvas 4:30 Dancing to Dinner 6:30 Resident Choice Movie/Games	10:00 Exercise 10:30 Daily Chronicle 1:00 Discussion Group: The Heart of the Matter 2:00 Word Games 3:00 Ball Games 4:00 Sing Along 6:30 Rosary (MPR) 6:30 Resident Choice	25 10:00 Exercise 10:30 Daily Chronicle 1:30 Discussion Group: Lift Your Spirits 2:30 Bingo 4:00 Sing Along 6:30 Big Screen Movie with Vic <i>Australia Day</i>	26 10:00 Exercise 10:30 Daily Chronicle 2:00 Happy Birthday Donna Reed: From Here to Eternity 4:00 Sing Along 6:30 Resident Choice Movie/Games	27 10:00 Exercise 10:30 Daily Chronicle 1:00 Happy Birthday Jackson Pollock 3:00 Bingo 4:00 Sing Along 6:30 Resident Choice Movie/Games	28 10:00 Exercise 10:30 Daily Chronicle 1:00 Happy Birthday Jackie Robinson: 42 2:00 Friday Matinee 4:00 Sing Along 6:30 Resident Choice Movie/Games	29 10:00 Exercise 10:30 Daily Chronicle 1:00 Wisdom of Bridgeway Bell 2:00 Dr. Limperis (WC) 2:00 Happy Birthday Jackie Robinson: 42 4:00 Sing Along 6:30 Resident Choice Movie/Games	30 10:00 Cup of Joe 10:30 Daily Chronicle 1:00 Beach Ball Games 2:00 Bingo 4:00 Chicken Soup for Grandma's Soul 4:30 Dancing to Dinner 6:30 Resident Choice
9:30 Worship Service (MPR) 31 10:00 Exercise 10:30 Daily Chronicle 1:00 Spa Time 2:00 Sunday at the Movies 4:00 Gospel Appreciation 4:30 Dancing to Dinner 6:30 Resident Choice Movie/Games						Daily 7:30-9:00 Breakfast 9:00-9:30 Looking Good, Feeling Fine 11:00 Freshen Up for Lunch 11:30 Lunch Prep 12:00 Lunch 4:30 Dinner Prep 5:00 Dinner	

All activities subject to change daily based upon our resident's expressed or perceived interest.

Cocoa and Canvas

By popular demand Kelly Eggleston will be returning to lead us in another painting party.

On Sunday, January 24th at 2:00 pm we will drink Hot Cocoa and create winter themed paintings on canvas under the helpful guidance of Kelly Eggleston.



Friends and Family are invited, so come join us and show off your artistic side.

Please RSVP by Thursday, January 21, 2016 So that we can be sure to have enough paint and canvas.

RSVP to:
Tad Eggleston
Assisted Living & Memory Care
Program Director
Bridgeway of Bensenville
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January Birthdays

In astrology, if you were born between January 1st and 19th, you are a Goat of Capricorn. Goats are the most stable and sure-footed of astrological signs. Reliable, economical, practical, and organized, they make good multi-taskers and politicians. Those born between January 20th and 31st are Aquarian Water Bearers. Aquarians have attractive personalities, vivid imaginations, strong intuition, and a thirst for knowledge. They also share a strong desire to help humanity and create unity. Some of note:

- J.R.R. Tolkien (writer) – Jan. 3, 1892
- Elvis Presley (singer) – Jan. 8, 1935
- Stephen Hawking (scientist) – Jan. 8, 1942
- Jack London (writer) – Jan. 12, 1876
- Martin Luther King, Jr. – Jan. 15, 1929
- Betty White (actress) – Jan. 17, 1922
- Oliver Hardy (comedian) – Jan. 18, 1892
- George Burns (comedian) – Jan. 20, 1896
- Tony – Jan. 28
- Jackie Robinson (ballplayer) – Jan. 31, 1919

Thank You

To all of the families and who joined us over the holidays.

From our post-Thanksgiving potluck to gingerbread men to carol singing and on through Christmas dinner we've had a delightfully busy month, and it's been made all the more enjoyable because so many of you have been around helping out and sharing in the fun.

On behalf of the entire Bridgeway Family, I give you my heart-felt thanks. We couldn't have done it without you.

Tad

Assisted Living News

Bridgeway of Bensenville, 303 E. Washington St. Bensenville, IL 60106 (630)766-0605



Celebrating January

New Year's Day
January 1

Martin Luther King Day
January 18

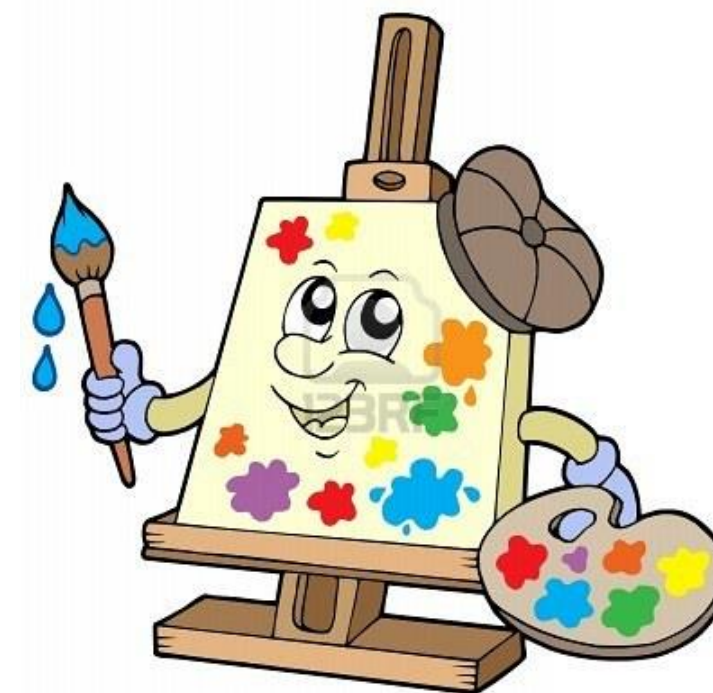
Rhythm Group
with Ray DeMarco
January 18

Cocoa and Canvas
Family Event
January 24

Dr. Limperis
Fridays at 2:00 pm
In the Wellness Center

Family Event

Cocoa
And
Canvas



Sunday, January 24th at 2:00
Please RSVP by Friday, January 22
(see back page for more details)