

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
Happy New Year! ¹ 9:30 Worship Service MPR 11:00 Open Games 1:30 Piano Music by Bonnie 2:30 Bingo 6:30 Movie Night	² 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Roll-A=Dice 4:00 Open Games 6:30 Rosary MPR 6:30 Your Choice: Movie/Games	³ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Root Beer Float 3:15 Create: Sun Catchers 4:00 Open Games 6:30 Big Screen Movie with Vic	⁴ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Bean Bag Challenge 3:15 Travelogue 4:00 Open Games 6:30 Your Choice: Movie/Games	⁵ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Bible Journey & Hymn Singing 11:00 Catholic Mass MPR 1:00 Music for Relaxation 2:00 Easy Trivia 3:15 Creative Arts with Colors 4:00 Open Games 6:30 Your Choice: Movie/Games	⁶ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Ice Cream Social 3:15 Create: Greeting Cards 4:00 Open Games 6:30 Your Choice: Movie/Games	⁷ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Card Games 3:15 Nail Spa 4:00 Open Games 6:30 Your Choice: Movie/Games		
⁸ 9:30 Worship Service MPR 11:00 Open Games 1:00 Music for Relaxation 2:00 Guitar Man: Cristian 3:15 Nail Spa 6:30 Movie Night	⁹ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 11:00 Lutheran Communion MPR 1:00 Music for Relaxation 2:00 Ring Toss 3:15 Creative Arts with Tissue 4:00 Open Games 6:30 Rosary MPR 6:30 Your Choice: Movie/Games	¹⁰ 9:00 Looking & Feeling Good 9:30 Catholic Communion MPR 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Root Beer Float 3:15 Create: Wood Crafts 4:00 Open Games 6:30 Big Screen Movie with Vic	¹¹ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Bean Bag Challenge 3:15 Travelogue 4:00 Open Games 6:30 Your Choice: Movie/Games	¹² 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Word Game 3:15 Creative Arts with Colors 4:00 Open Games 6:30 Your Choice: Movie/Games	¹³ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Ice Cream Social 3:15 Create: Bead Works 4:00 Open Games 6:30 Your Choice: Movie/Games	¹⁴ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Card Games 3:15 Nail Spa 4:00 Open Games 6:30 Your Choice: Movie/Games		
¹⁵ 9:30 Worship Service MPR 11:00 Open Games 1:00 Music for Relaxation 2:00 Guitar Man: Cristian 3:15 Nail Spa 6:30 Movie Night	Martin Luther King Day ¹⁶ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 2:00 Remembering Martin Luther King 3:15 Creative Arts with Foam Crafts 4:00 Open Games 6:30 Rosary MPR 6:30 Your Choice: Movie/Games	¹⁷ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Root Beer Float 3:15 Create: Paper Butterfly 4:00 Open Games 6:30 Big Screen Movie with Vic	¹⁸ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Birthday Party 4:00 Open Games 6:30 Your Choice: Movie/Games	¹⁹ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Easy Trivia 3:15 Creative Arts with Colors 4:00 Open Games 6:30 Your Choice: Movie/Games	²⁰ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Ice Cream Social 3:15 Create: Bead Works 4:00 Open Games 6:30 Your Choice: Movie/Games	²¹ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Card Games 3:15 Nail Spa 4:00 Open Games 6:30 Your Choice: Movie/Games		
²² 9:30 Worship Service MPR 11:00 Open Games 1:00 Music for Relaxation 2:00 Piano Music by Bonnie 3:15 Nail Spa 6:30 Movie Night	²³ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 "21" 3:15 Creative Picture Frames 4:00 Open Games 6:30 Rosary MPR 6:30 Your Choice: Movie/Games	²⁴ 9:00 Looking & Feeling Good 9:30 Catholic Communion MPR 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Root Beer Float 3:15 Create: Crafts with Mirrors 4:00 Open Games 6:30 Big Screen Movie with Vic	²⁵ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Bean Bag Challenge 3:15 Travelogue 4:00 Open Games 6:30 Your Choice: Movie/Games	²⁶ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Music Trivia 3:15 Creative Arts with Colors 4:00 Open Games 6:30 Your Choice: Movie/Games	²⁷ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Ice Cream Social 3:15 Create: Bead Works 4:00 Open Games 6:30 Your Choice: Movie/Games	²⁸ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Card Games 3:15 Nail Spa 4:00 Open Games 6:30 Your Choice: Movie/Games		
²⁹ 9:30 Worship Service MPR 11:00 Open Games 1:30 Piano Music by Bonnie 2:30 Bingo 6:30 Movie Night	³⁰ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Ring Toss 3:15 Residents Meeting 4:00 Open Games 6:30 Rosary MPR 6:30 Your Choice: Movie/Games	³¹ 9:00 Looking & Feeling Good 10:00 Flex & Stretch 10:30 Daily Chronicle 1:00 Music for Relaxation 2:00 Root Beer Float 3:15 Create: Valentine Hearts 4:00 Open Games 6:30 Big Screen Movie with Vic	<h1>January 2017</h1> <h2>Assisted Living & Memory Care Activities</h2>					 <p>BRIDGEWAY of Bensenville</p> <p><small>An Independent and Assisted Living Community</small></p> <p>303 East Washington Street Bensenville, Illinois 60106 630.766.0605</p>

MPR - Multi-Purpose Room ❖ All activities are in the Assisted Living Dining Room area unless indicated otherwise.
All activities subject to change based upon our residents' expressed or perceived interest.

Happy Birthday!

Dorothy Black - 11th
Bernice Berndt - 24th
Anton Dorner - 28th



Hopes and Wishes for 2017

No more turmoil. - Bernice

Happiness for the USA. - Kitty

Lovely family. - Esther

To go along as best as you can. - Taimi

To stay as good as I am. - Trudy

Want to go home. - Bob

Nothing. - Laura

To stay healthy - Norma

For a happy family. - Kris

Candy! - Tony

Everyone will be well and behave. - Dorothy

To be with my family. - Carol

Good health. - Rose S.

New car, new home! - Angelina

Good health, able to do as well as I'm doing. - Elizabeth

See all the nice people again. - Betty

Better health. - Jean



Lifestyle

Bridgeway Assisted Living & Memory Care

January 2017

BIG SCREEN MOVIE WITH VIC - Vic Mokerman is a Bridgeway Independent Living resident. He shows a variety of movies or documentaries on a large screen.

BRAIN WORKS, WORD GAMES, EASY TRIVIA - Answer questions, offer solutions to a dilemma, or just form words with letters at random! Something to stimulate your brain and discover your own wit!

CATHOLIC COMMUNION - Lay Catholic Minister offers communion for Catholics. MPR

CHURCH SERVICE ON VIDEO CHANNEL 950 ON YOUR CABLE TELEVISION - Church service from previous Sunday Service videotaped and shown on Tuesday and Thursday 2:00 pm and 7:00 pm on Channel 950 cable television.

CREATE/CREATIVE ARTS - Simple arts or crafts project for everyone to enjoy while improving, if not maintaining hands and eyes coordination, concentration, attention to task and self expression.

DAILY CHRONICLE - Historical happenings, famous birthdays, trivia, and other fun facts.

GUITAR MAN: CRISTIAN - Guitarist & Activity Assistant Cristian Reyes plays the guitar and sings music from the 20's to early 60's.

LUTHERAN COMMUNION - Lutheran Minister offers communion for Lutherans MPR

MORNING DEVOTIONS - Vic Mockerman leads the morning devotion . Open to all faith and denomination, the daily devotion is a great way to bless your day. AL Dining Room Lounge

OPEN GAMES - Your choice of table games to play: cards, scrabbles, dominoes etc.

PIANO MUSIC BY BONNIE - Bonnie Lindquist is an Independent Living resident and she plays the piano in leading the sing-along music with the residents.

YOUR CHOICE: MOVIE/GAMES - Selection of Comedy, Action, Romantic Drama movies to watch or play games of choice.

****All residents in Bridgeway of Bensenville community are welcome to participate in the Assisted Living programs and events.***